



May 2024

Jamieson Community Center - Senior Nutrition



Monday	Tuesday	Wednesday	Thursday	Friday
Potato Bar Option Available	1% Milk Served Daily With All Meals!	1. Baked Spaghetti Tossed Salad Breadstick Peaches	2. Chicken Fajitas w/Green & Red Peppers Butter Beans Brown Rice Apricots	3. BBQ Rib Patty On a Bun Corn Green Beans SF Jell-O w/ Bananas
6. Cheesy Ham & Hash Brown Bake Normandy Veggies Corn Bread Peaches	7. Maid Rite On a Bun Mashed Potatoes Tossed Salad Orange	8. Lemon Pepper Chicken Chickpea Salad Asparagus Dinner Roll Plums	9. Roast Beef On a Brioche Bun Green Beans Tri Taters Pineapple	10. Stuffed Green Pepper Casserole w/Ground Beef & Rice Wax Beans Apple Sauce
13. Meatball Sandwich Sweet Potatoes Salad w/Cherry Tomatoes Strawberries	14. Parmesan Chicken Au Gratin Potatoes Garlic Bread Fruit Cocktail	15. Egg Salad Sandwich Cucumber & Tomato Salad Lentil Soup Pears	16. Ham, Egg & Cheese Biscuit Tater Puffs V-8 Juice Banana	17. Salmon Patty Creamed Peas Cauliflower Dinner Roll Tropical Fruit
20. Chili Cheese Dog On a Bun Cole Slaw Carrot Sticks Orange	21. Pork Loin Roasted Potatoes Brussel Sprouts Dinner Roll Banana	22. Goulash w/ Ground Beef Butter Beans Apples	23. Baked Chicken Butternut Squash Broccoli Pasta Salad Grapes	24. Taco Salad w/ Ground Beef, Lettuce, Tomatoes & Corn Chips Peach Cobbler
27. CLOSED	28. Tilapia Fillets Baby Baker Potatoes Three Bean Salad Dinner Roll Raspberry Trifle	29. Sausage Gravy w/Biscuit Tri Taters V-8 Juice Orange	30. Chicken Strips Seasoned Potato Wedges California Veggies Garlic Bread Tropical Fruit	31. Shepherd's Pie Mashed Potatoes Green Beans Dinner Roll Mixed Fruit

Lunch is served at 11:30:
Reservations Required.

Mondays
Community Senior Citizens of Stronghurst
309-371-4139

Tuesdays - Thursdays
Henderson Senior Center, Oquawka
309-371-4139

Mondays - Fridays
Mercer County Senior Center, Aledo
309-337-1938

Mondays-Fridays
Strom Center, Monmouth
309-337-0921

Lunch is served at 11:00:
Fridays
Roseville Community Center
309-371-4203

Home-delivered meals are available for people 60 and older.

Assessment Required.
CALL 309-734-4251

Cancellations Must Be Made 24 Hours In Advance.

Non-Discrimination Policy:

Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center Senior Nutrition is partially funded by: Western Illinois Area Agency on Aging, Moline Foundation, & United Way of Greater Warren County