



May 2025



Jamieson Community Center - Senior Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1% Milk Served Daily With All Meals!</p>	<p>Potato Bar Option Available!</p>		<p>1. Ranch Burger On a Bun Baked Beans Carrots Pears</p>	<p>2. Tuna Melt on French Bread Tater Tots Asparagus Pineapple Lush Cake</p>
<p>5. Pork Burger on a Bun Baked Beans Carrot Sticks Pears</p>	<p>6. Chicken Fajita w/ Green & Red Peppers Peas Brown Rice Apricots</p>	<p>7. Baked Spaghetti w/ Meat Sauce Tossed Salad Breadstick Peaches</p>	<p>8. Italian Chicken Au Gratin Potatoes California Veggies Dinner Roll Applesauce</p>	<p>9. BBQ Rib Patty on a Bun Corn Green Beans Fruit Cocktail</p>
<p>12. Maid Rite w/Cheese On a Bun Mashed Potatoes Tossed Salad Orange</p>	<p>13. Cheesy Ham & Hash Brown Bake Normandy Veggies Corn Bread Peaches</p>	<p>14. Lemon Pepper Chicken Potato Salad Asparagus Dinner Roll Plums</p>	<p>15. Roast Beef w/Cheese On a Pretzel Bun Green Beans Potato Triangle Pineapple</p>	<p>16. Stuffed Pepper Casserole w/Ground Beef & Rice Wax Beans Applesauce</p>
<p>19. Egg Salad Sandwich On Wheat Bread Cucumber & Tomato Salad Cheesy Potato Soup Tropical Fruit</p>	<p>20. Parmesan Chicken Au Gratin Potatoes Garlic Bread Fruit Cocktail</p>	<p>21. Meatball Sandwich Sweet Potatoes Salad w/Cherry Tomatoes Strawberries</p>	<p>22. Ham, Egg & Cheese Biscuit Tater Puffs V-8 Juice Apple Slices</p>	<p>23. Salmon Patty Creamed Peas Cauliflower Dinner Roll Clementine</p>
<p>26. CLOSED</p>	<p>27. Taco Salad w/ Ground Beef, Lettuce, Tomatoes & Corn Chips Grapes</p>	<p>28. Pork Loin Roasted Potatoes Wax Beans Dinner Roll Banana</p>	<p>29. Goulash w/ Ground Beef Corn Baked Apples</p>	<p>30. Baked Chicken Sweet Potatoes Broccoli Peach Cobbler</p>

***Reservations, Cancellations and Potato Bar Options must be made by 2:00 PM the day before.**



Stronghurst Site
Mondays
at 11:30AM
Community Senior
Citizens of Stronghurst

Oquawka Site
Tuesdays - Thursdays
at 11:30 AM
Henderson Senior
Center

Aledo Site
Mondays - Fridays
at 11:30 AM
Mercer County Senior
Center

To make your reservation at any site, call (833) 898-8934.

Monmouth Site
Mondays-Fridays
at 11:30 AM
Strom Center

Alexis Site
Tuesdays & Thursdays
at 11:30 AM
Alexis Community
Center

Roseville Site
Fridays
at 11:00 AM
Roseville Community
Center

Home-Delivered meals are available for people 60 or older.

Assessment Required.
Call (309)-734-4251

Non-Discrimination Policy:

Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center Senior Nutrition is partially funded by: Western Illinois Area Agency on Aging & United Way of Greater Warren County

Office Hours:

Monday-Friday

8:30 AM - 3:30 PM



Jamieson Community Center | www.jamiesoncommunitycenter.org

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