



# June 2024



## Jamieson Community Center - Senior Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
3. Grilled Chicken Sandwich Tossed Salad Scalloped Potatoes Clementine	4. Baked Pork Chop Wheat Bread Potato Salad Coleslaw Pineapple	5. Beef Stroganoff Peas Carrots Pears	6. Chef's Salad Loaded Potato Soup Salad Garlic Toast Banana	7. Philly Cheese Steak on Sub Roll Rosemary Potatoes Asparagus Mixed Melon
10. Cavatini w/Meat Sauce Lettuce Salad Butter Beans Banana	11. Sweet & Sour Chicken Asian Veggies Spring Egg Roll Rice Tropical Fruit	12. Breakfast Casserole w/ Sausage V-8 Juice Biscuit Mandarin Oranges	13. Vegetable Beef Soup w/Crackers Spinach Salad Apples & Cranberries	14. Turkey & Swiss On Rye Bread Peas & Carrots Cheesy Potatoes Pears
17. Cheeseburger On a Bun Seasoned Potatoes Tossed Salad Peaches	18. French Bread Pizza w/Sausage Corn Salad Pineapple	19. <b>CLOSED</b>	20. Chicken Salad On Wheat Bread Broccoli Slaw Vegetable Soup Grapes	21. Salmon Fillet Wild Rice Baby Baker Potatoes Asparagus Strawberry Parfait
24. Sloppy Joe On a Bun Roasted Potatoes Peas Pears	25. Cheesy Tuna Casserole California Veggies Butter Beans Fruit Cocktail	26. Impossible Cheeseburger Pie Broccoli Ranch Potatoes Applesauce	27. Chicken Breast Baked Beans Normandy Veggies Pasta Salad Tropical Fruit	28. Ham Balls Green Beans Cooked Carrots Wild Rice Cranberry Sauce
	<b>Potato Bar Option Available!!</b>		<b>1% Milk Served Daily With All Meals!</b>	

**Lunch is served at 11:30:**  
Reservations Required.  
**Mondays**  
**Community Senior Citizens  
of Stronghurst**  
309-371-4139

**Tuesdays - Thursdays**  
**Henderson Senior  
Center, Oquawka**  
309-371-4139

**Mondays - Fridays**  
**Mercer County Senior  
Center,  
Aledo**  
309-337-1938

**Mondays-Fridays**  
Strom Center, Monmouth  
309-337-0921

**Lunch is served at 11:00:**  
**Fridays**  
**Roseville Community  
Center**  
309-371-4203

**Home-delivered  
meals are available  
for people 60 and  
older.**

Assessment Required.  
**CALL 309-734-4251**

**Cancellations Must Be  
Made 24 Hours In  
Advance.**

### Non-Discrimination Policy:

Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center Senior Nutrition is partially funded by: Western Illinois Area Agency on Aging & United Way of Greater Warren County