



April 2022



Jamieson Community Center-Senior Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
1% Milk Served with All Meals!	Potato Bar Option Available Daily			1. Impossible Cheeseburger Pie Broccoli Ranch Potatoes Sliced Apples
4. Meatloaf Mashed Potatoes Brussel Sprouts Corn Bread Fruit Cocktail	5. Ham Balls Au Gratin Potatoes Cooked Carrots Wild Rice Cranberry Sauce	6. Chicken Fried Steak Mashed Potatoes California Blend Dinner Roll	7. Sloppy Joe On Bun Roasted Potatoes Peas Pears	8. Shrimp Scampi Angel Hair Pasta Asparagus Tossed Salad Pineapple
11. Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Apricots	12. Ranch Burger On Bun Baked Beans Carrots Pears	13. Turkey Sausage Patties Tomato Juice Tri Tater Pancakes	14. Sliced Ham Potato Salad California Veggies Dinner Roll Angel Food Cake	15. CLOSED For Good Friday
18. Turkey & Swiss Sandwich Chick Pea Salad Carrot Sticks Wheat Bread Fruit Cocktail	19. Beef w/ Asian Noodles Broccoli Green/Red Peppers Pineapple	20. Chicken Spaghetti Corn Green Beans Strawberry Jello	21. Chef's Salad w/ Boiled Egg, Ham, Tomato & Cucumber Bread Stick	22. Lasagna w/ Meat Sauce Normandy Veggies Salad Garlic Bread
25. Beef Tacos w/ Cheese, Lettuce & Tomatoes Green Beans Tropical Fruit	26. Chicken Fajita w/ Green & Red Peppers Brown Rice Apricots	27. Tuna Melt Tater Tots Asparagus Pineapple Lush Cake	28. Swiss Steak Corn Casserole Dinner Roll Banana	29. Chicken Alfredo Broccoli Cauliflower Garlic Bread Peaches

All Congregate Meal Sites are closed until further notice.

Home-delivered meals are available for people 60 and older . An assessment is required to enroll.

CALL 309-734-4251

Cancellations must be made 24 hours in advance

Non-Discrimination Policy

Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800 -252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center Senior Nutrition is partially funded by: Western Illinois Area Agency on Aging & Warren County United Way